Foothills Baptist Bible College, Marion, NC Counseling Youth II Instructor: Dr. Tom Walker (D.D) Lecture 3

# The Problem of an Unplanned Pregnancy

One in four teenage girls gets pregnant by age eighteen; half become pregnant by age twenty-one. Eighty-five percent of teen pregnancies are unintended; half end in births, a third in abortion, and the rest in miscarriage.'

# I. The Causes of Unplanned Pregnancy

## A. Lack of Sex Education at Home

## **B.** Inferiority

## C. Alcohol and Drug Influence

Beer, alcohol and drugs do not mix well with raging hormones.

## **D.** Contraceptive Failure

## E. Rebellion

## F. Desire for Freedom

Some teenage girls have a notion that pregnancy— and parenthood—will bring them freedom.

TO THE TEEN:

1-It will force their parents to accept them as adults.

2-It will enable them to

2-It will enable them to \_\_\_\_\_\_ 3- It will allow them to make \_\_\_\_\_\_ for themselves.

Once a young girl is pregnant, there can be no erasing it. It is time now to gather resources, strength, and understanding in order to make the best of a very difficult situation."

# **II. The Effects of an Unplanned Pregnancy**

### A. Denial

Many young women continue to delay seeking a diagnosis, many perhaps hoping that ignoring it will make it go away.

### B. Fear

- 1. Of how her boyfriend will react to the news
- 2- Of parents
- 3- Of changes in her body or labor pains
- 4- \_\_\_\_\_ from other people

Her fears may be so severe at times as to induce hysteria or panic attacks and may even produce physical consequences, such as asthma attacks or allergic disorders.

## C. Guilt

Unless the conscience has been seared, sin invariably produces guilt, and a teenager who has become pregnant will often be overwhelmed with guilt.

### D. Shame

Few girls want to be known as one of those kinds of girls. Though they may be sexually active, they still want a reputation as a "good girl," a worthwhile, valued, loved, respected human being.

### E. Regret

Children and teenagers have an imperfect understanding actions and consequences. Children may not understand that a broken toy cannot always be repaired or replaced.

## III. The Biblical Perspective of Unplanned Pregnancy

God's design for humankind included pro-creation, of course (see Gen. 1:28). **Genesis 1:28** 

"And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth."

The way in which pregnancy occurs is important to God; He made that clear repeatedly in His Word.

## **Colossians 3:5**

*"Mortify therefore* your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry."

Sex outside of marriage is sin, and pregnancy outside of marriage is often a visible token of that sin. It is a sin that can be forgiven, even though its effects are wide reaching.

Regardless of how a pregnancy occurs, however, the life that grows inside a woman's womb is known to God and is precious to Him.

## Jeremiah 1:5

"Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee, and I ordained thee a prophet unto the nations."

God's Word clearly emphasizes the value the Creator places on each human life **Psalms\_139:13-16** 

13 For thou hast possessed my reins: thou hast covered me in my mother's womb. 14 I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well.

15 My substance was not hid from thee, when I was made in secret, and curiously wrought in the lowest parts of the earth.

16 Thine eyes did see my substance, yet being unperfect; and in thy book all my members were written, which in continuance were fashioned, when as yet there was none of them.

## What options does the pregnant, unmarried girl have?

1-Adoption.

Some young girls are too immature and irresponsible to raise a child.

2- Marriage.

It should involve some measure of maturity as well as a deep love for one another.

3- Single Parenthood.

Some teen mothers decide to keep their babies and raise them alone.

4. Abortion.

Abortion is not only a biblically abhorrent option, it can also bear deleterious emotional, psychosocial, and physical effects.

# **Conclusion-**

If one remains sexually pure, there is no danger of an unwanted pregnancy. If one walks close enough to the Lord, they will not become pregnant before marriage.

## Abortion

# I. The Problem of Abortion

- Total number of abortions in the U.S. 1973-2018: 61.8 million+
- 186 abortions per 1,000 live births (according to the Centers for Disease Control)
- U.S. Abortions in 2017: ~862,320 (Guttmacher Institute)
- Abortions per day: 2362+ (GI)
- Abortions per hour: 98+ (GI)
- 1 abortion every 96 seconds (GI)
- 13.5 abortions / 1000 women aged 15-44 in 2017 (GI)

With these kinds of numbers of the slaughter of the unborn, it is obvious abortion is a problem.

## II. The Causes of Abortion

It is too commonly performed in America and around the world. Even some professing Christians have abortions.

## A. The Teen Sexuality Crisis

The sexual activity of teens continues at an alarming rate.

One doctor said that most of her patients were sexually active at thirteen.

## B. The Availability of Abortion

Abortion has become a multi-million-dollar industry in many Western countries, and many abortion advocates are committed to making abortion available to every woman—of any age.

# C. The Cultural Climate

Too many in our society have come to accept abortion without standing against it. Sad to say, many people believe that abortion is just another surgical procedure that removes a piece of unwanted tissue from a woman's body.

# How can we define abortion?

Abortion is expelling a human child from the protection and safety of its mother's womb.

Abortions fall into two categories: \_\_\_\_\_ and

Naturally spontaneous abortions are also known as miscarriages.

Depending on the development of the unborn child, any one of <u>six techniques</u> may be used to induce abortions.

1- Suction Aspiration.

2- Dilatation and Curettage, or D & C.

3- Dilatation and Evacuation, or D & E.

4- Saline Injection.

This procedure is used after four months when considerable amniotic fluid has accumulated around the unborn baby.

5- Prostaglandins.

6- Hysterotomy.

This procedure is usually used in the last three months of pregnancy or in the event that saline injections or prostaglandins fail to produce a dead baby.

## **III. The Effects of Abortion**

### A. Loss of human life through the mother.

Such a tragedy has spiritual, medical, emotional, and societal ramifications.

## B. Spiritual Effects

Sin produces guilt, both moral guilt (or true guilt) as well as psychological guilt (guilt feelings)."

## 3. Physical Effects

Medical complications can come days and weeks after the abortion. Complications can show up.

Consequences of adolescent abortions:

- Damage to reproductive organs, 42.6 percent
- Uterine rupture or perforation, 5.6 percent
- Endometriosis, 13 percent
- Salpingitis, pyosalpinx, 13 percent
- Cervical lacerations, 11.1 percent
- Hemorrhage, intractable, 13 percent
- Pelvic pain and dyspareunia, 11.1 percent

• Infertility and repeated miscarriage, 7.4 percent

• Incomplete operations; subsequent passage of fetal parts and tissue, 74 percent

#### 4. Emotional Effects

Pregnancies that end in abortion or miscarriage are, at the least, upsetting and sometimes traumatic to the pregnant woman.

Eight of 21 women who had obtained a past abortion were found to be clinically depressed and anxious. In contrast, only eight of 98 who had not had abortions were depressed.

#### 5. Societal Effects

a. Affects blacks more than white people. Moreover, a tragic fact of abortion in the U.S. is that twice as many black babies are being aborted than white babies.

b. In addition, abortion is changing societal attitudes toward the handicapped, the terminally ill, and the elderly.

#### **IV. The Biblical View of Abortion**

The Bible places a high importance on conception. The biblical writers never say the words, "Life begins at conception." But they consistently refer to conception as the starting point of a person's life. To take an innocent life is murder.

God is portrayed as active in the event of conception itself. Examples abound, as in the **case of Ruth**:

#### Ruth 4:13

13 So Boaz took Ruth, and she was his wife: and when he went in unto her, the Lord gave her conception, and she bare a son.

**Hannah** who, after praying for a child, conceives and gives birth: "And she named him Samuel, saying,"Wherefore it came to pass, when the time was come about after Hannah had conceived, that she bare a son, and called his name Samuel, saying, Because I have asked him of the Lord."

The birth of a child is more than just a biological wonder. The start of a human life is clearly a special occurrence in which God takes part. . . .

### What is the value of the unborn?

They are made in the image of God. All of the descendants of Adam and Eve received the image of God through procreation.

### 1. God oversees the development of the fetus

#### Jeremiah 1:5

"Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee, and I ordained thee a prophet unto the nations."

#### Psalms 119:73

"Thy hands have made me and fashioned me: give me understanding, that I may learn thy commandments."

### 2. God prepares them as individuals for a specific calling.

**Galatians 1:15**--- "But when it pleased God, who separated me from my mother's womb, and called me by his grace."

#### Romans 9:11

"(For the children being not yet born, neither having done any good or evil, that the purpose of God according to election might stand, not of works, but of him that calleth.)"

### 3- Prenatal and postnatal human life is assumed.

### 4- Their Untimely Death.

Murders of the unborn (pregnant women being ripped open) were viewed as a dreadful curse for any people.

#### 2 Kings 8:12

"And Hazael said, Why weepeth my lord? And he answered, Because I know the evil that thou wilt do unto the children of Israel: their strong holds wilt thou set on fire, and their young men wilt thou slay with the sword, and wilt dash their children, and rip up their women with child."

### Amos 1:13

13 Thus saith the Lord; For three transgressions of the children of Ammon, and for four, I will not turn away the punishment thereof; because they have ripped up the women with child of Gilead, that they might enlarge their border:

Summarize lecture with reasons why a person should not have an abortion.

#### Reason #1 – Kills an innocent human being

Since a human being begins to grow at creation, abortion takes away the life of a little child. That baby did nothing wrong and does not deserve a death sentence. See and understand the humanity of your child. Choosing life is the best option you can give your little one.

#### **Reason #2 – It's a lasting choice**

Abortion may seem just like a simple choice to some mothers; however, an abortion cannot be undone. It is a choice you will always remember. It is a choice 94 percent of women regret. And it is a choice that will stick with you for the rest of your life.

#### Reason #3 – Death

Women have not only died on the table during an abortion, but days later have passed away due to complications. Earlier this month, a 24-year-old woman <u>died</u> six days after her abortion procedure.

#### Reason #4 – Substance abuse

Women with a history of abortion are <u>twice</u> as likely to abuse alcohol, five times more likely to use illicit drugs, and 10 times more likely to use marijuana during the first pregnancy they carry to term compared to non-abortive women.

#### Reason #6 – Adoption is an option

Many women seeking abortion are not told of the power and beauty behind adoption. Birth mothers are strong women who not only choose life for their child, but who also choose a good home.

#### Reason #7 – Increases risk of breast cancer

A <u>meta-analysis</u> of 28 reports concluded that induced abortion is a significant independent risk factor for breast cancer.

#### **Reason #8 – Increases risk of depression**

Women whose first pregnancies ended in abortion were 65 percent more <u>likely</u> to be at high risk of clinical depression.

#### Reason #9 – Side effects

As <u>The American Pregnancy Association</u> points out, the common side effects to abortion are concerning. Heavy bleeding, infection, damage to the cervix, scarring, and even death are just a few of the more complex side effects.